



New World Unfolding

January 2007



Happy New Year!

The start of 2007 has already had me moving through my stuff. I am determined this year to make some changes on issues that I have been working on for a while. These are two of my biggest, most embedded challenges. Love and money. This year I am working on getting out of my own way so I can experience financial abundance in a relaxed and rewarding way. I am also learning to love and admire both my male and female energies and have them communicate and come together in a respectful way. I am off to a great start with new information coming in around both.

I meditated my way into 2007, receiving some wonderful messages about this being a year of gold and goodness. I am very excited about the possibilities that are available to all of us this year. I am working daily on maintaining a clear focus on what I want to create. The guides have instructed me that focus will be very important in the new creating process. By this I mean, it is important to stay clear and consistent on what I want to create. What often happens is that as things don't go or look the way I want them to, then I start to waver on what I want. I am willing to accept less than what I had first focused on or something else entirely. This creates a wishy-washy event with the universe, it is not clear what it is I want. My motto for 2007 will be "Go the Distance." It will mean not giving up or changing my mind, even when my logical mind tells me I should because it is not looking good or even possible.

This is faith, the ability to believe even when the five senses are telling you a completely different story. Be clear this year about what you want, dream big and don't give up. Keep focusing until you have achieved your final goal.

One of the techniques I have been using, is to decide which reality it is I want to step into. The one I am able to create in my mind or the one my five senses say is the real one. I have found incredible things happening when I step into the one in my mind. I have felt indescribable joy and peace. I believe if I stay with it, eventually the one in my mind will become the real one. Stay tuned and I will update you as the year moves along.

To recap:

Be Conscious of what you want to create.

Spend time envisioning it.

Stay focused.

Go the distance, don't give up. Even when it doesn't look the way you want it to.

Have faith in your belief.

Spend time visiting your new reality.

Enjoy the feelings it creates.

Start living your dream!

May the new year bring you all of your desires!

Love and light,

Janice

Creating Vision

Mark January 18th on your calendar!

My next talk date at the West Vancouver Library!

With added bonus this time of the first meeting of my new young adult's group.



5:45pm - 6:45pm—Informal meeting of the new Young Adult's group.

The purpose of this group will be to bring like minded young people together. I am hoping to come up with a name for the group and some ideas about what would serve those in there 20's and 30' in moving forward in this crazy world. This group of people have a huge challenge ahead of them. To improve and move society forward. What worked in their parent's world, is no longer viable moving into the future. This group will be about finding ways to create the world they want.

There are no pre-requisites. You are welcome if you are willing to have a positive and open mind about new possibilities.

7pm—will be the start of my talk on Creating Vision—How can one shape their world?

The talk will be a interactive format, where you will be able to ask questions that you may have.

We will finish around 8pm to give you time to meet with the coaches to ask personal questions or to check out whether coaching is an option for you.

Thursday—January 18, 2007

West Vancouver Library

1950 Marine Drive

J. Peters Room

Talk is by donation.

Participants that have attended previous talks have found them most helpful and enlightening.

I look forward to seeing you there.



Creating Conscious Living



Valentine's Day Special

- Give the gift of love to someone special.
- Coaching sessions to enlighten your loved one on their journey to wholeness!
- From now till Valentine's Day gift certificates will be available for the old price of \$75.00 for a one hour session or \$40.00 for a half hour session.

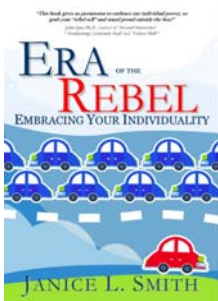
Groups

Create your own group. Bring 8 or more people together and I will be happy to work with your group to facilitate change. Working as a group is much more economical and often helps others to grow from the information shared.



Group sessions are \$250.00 per session for a 2 hour session. With 8 people that would work out to roughly \$30.00 each per session.

Get your group together and give yourself the gift of living consciously.



Era of the Rebel available on line at www.eraoftherebel.com or purchase it at one of the many locations that are carrying it.

- Duthies on Fourth, Vancouver
- Banyen Books and Sound, Vancouver
- Reflections Books, Coquitlam
- Lions Bay General Store
- Utopia Books and Gifts, North Vancouver
- Mostly Books, Squamish

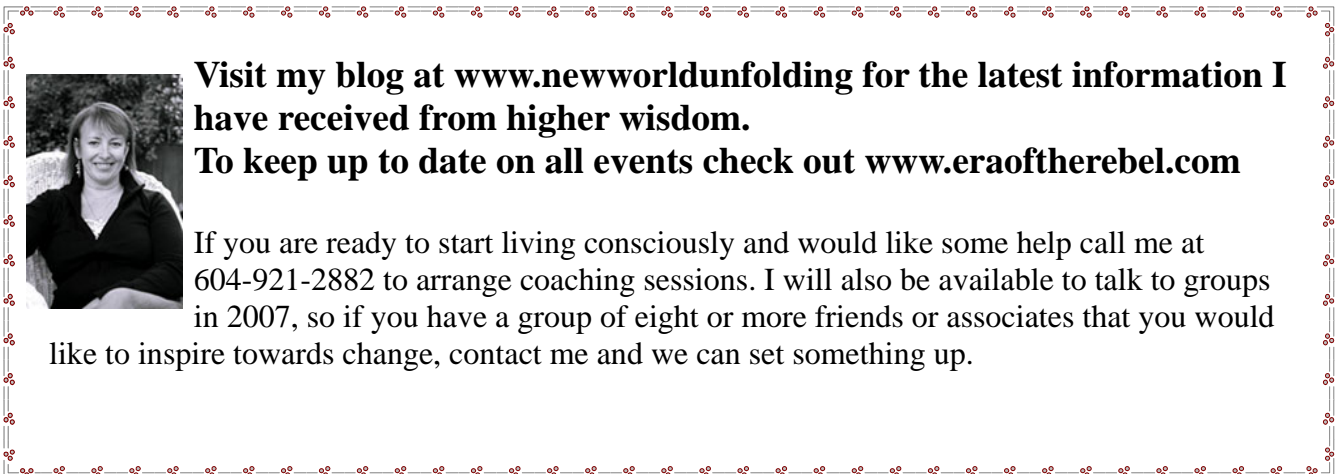
- Bolen Books—Victoria
- Laughing Oyster —Courtenay
- Lobelia's Lair—Nanaimo
- Volume One Bookstore—Duncan
- Wishes—Duncan
- amazon.com



Visit my blog at www.newworldunfolding for the latest information I have received from higher wisdom.

To keep up to date on all events check out www.eraoftherebel.com

If you are ready to start living consciously and would like some help call me at 604-921-2882 to arrange coaching sessions. I will also be available to talk to groups in 2007, so if you have a group of eight or more friends or associates that you would like to inspire towards change, contact me and we can set something up.





Youth Speak

By Shauna Smith

Creating time

For the past couple of weeks, heck for the past couple of years, time seems to be speeding up for me. Where a year once felt like an eternity, it now feels like mere weeks, or days. This speeding up of time is the cause for great dissatisfaction in my everyday life. Nowadays, I feel as if there is never ever enough time in my day for those things which are important to me. There is not enough time to do affirmations, there is not enough time to walk my dog, there is not enough time to nurture my relationship, there is not enough time for much it seems, besides working, dancing and sometimes sleeping. What I am beginning to wonder though is, is there truly “not enough time” for these things or am I on some strange wavelength where I refuse to make this time for myself for some odd reason unbeknownst to even me?

The more I contemplate creating ones own life and the importance of doing so, I begin to realize that it is most likely the latter. I, for some reason, am refusing to create this precious time for myself. Some odd part of me wants there not to be enough time to do all that is important to me so that I can be unhappy and have something to worry about and better yet to complain about. For some reason, we as human beings like to be unhappy, we like to be upset and to act out and to bring those around us into our issues, whenever possible. This makes us feel alive and like we are accomplishing something, even if it is only to help those who are close to us to feel the way we are feeling, rundown and tired and short on time. The strange part of all of this is that in this process, you usually just further your own unhappiness and so the cycle continues.

Eventually though, this all comes to a head and a decision has to be made about whether you will continue on in this manner or make a conscious choice to allow yourself the time you need and want, to do what is important in your life. I am personally at this crossroads at this very moment, will I continue to act in a self destructive manner, pushing those that care about me away and furthering my unhappiness or will I choose to spend the time necessary every day to create the life that I want, a life where time is in abundance and all that needs done is done with ease? I so badly want to create this time for myself but am having great difficulty taking the first step and affirming that it is ok to do this, it is ok to have enough time to get everything done and have time for myself. How can I make more time, when there is no time to stop and make it? This is the question that goes unanswered daily for me, this is the question which I now ask you. How do you, personally, make the time in your life to nurture your own growth and find fulfillment in what is important to you?

I would love to hear peoples responses to this question, as I am finding it difficult to make this time and am hoping that some of your suggestions may help guide me in a better direction.

Let me know your thoughts on creating time at: shauna_lynne4@hotmail.com or info@eraoftherebel.com.

